

# 5 Surprising Ways to Get the Most Out of Your EAP



ACI Specialty Benefits provides a confidential, no-cost Employee Assistance Program with a variety of benefits designed to reduce stress and make life easier.

## 1. Total Well-Being:

Speak to an EAP clinician about any emotional concern or family issue affecting well-being

## 2. Caretaking Support:

ACI's EAP provides referrals for all caretaking needs: child care, elder care, and pet care

## 3. Financial Wellness:

Receive free financial consultation for budgeting, retirement, student loans and tax planning

## 4. Legal Consultation:

Consult with a local attorney for family law, will, trusts, document preparation and personal matters

## 5. Personal Services:

ACI's EAP offers unlimited referrals for all housing, car and personal services

All services are open to all family members, regardless of location!

**ACI's EAP offers 24/7 support.**

Download the myACI mobile app for instant access!